

CAMEROON



Mt. Cameroon, highest in Central & West Africa - 13,435 feet.



Ikom Waterfall. "Greystoke, the Legend of Tarzan" filmed here.



Yaounde - the capital. Population: 1.3 million people.



Twin Lakes (male & female) of Kupe-Manenguba. 7,874 ft. above sea level.



The Indomitable Lions soccer team.



Roasted fish, fried plantains and mondo.



Light pepper soup with meat and fufu (paste).



Vegetables meat stew and fried plantain.

